

1 What problem, issue, or policy do you propose to work on?

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TIP: Choose something that there is a chance you can have an impact on. Be as specific as possible, narrowing down big issues.

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Response:

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Correct answer: ***

Marks for this response: 0/1.

2 Describe the problem and its effects on people:

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Tip: The problem should affect more people than just YOU. Think about how this affects quality of life issues and economic, physical, emotional impacts. Think about fairness or equal treatment of people.

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Response:

The problem of these programs being cut from school districts is a big concern for people who have worked so hard to stop obesity rates from rising. The next generation is being punished by the government because if kids aren't getting exercise at school, then what are the odds they will do some sort of physical activity when on their own? This affects children who either are currently struggling with weight issues, or children who may be healthy. Colorado is ranked 11 out of 51 for healthiest state, but is ranked 29th in child obesity in the country, and by 2030 half of all adults in Colorado will be overweight if things continue down this same path. Adults should be setting the example for the younger generations, along with the younger people doing their best to be as healthy as they can be.

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3 How is the problem or issue related to policy? As you take civic actions, you'll need to deal with public policy in some way.

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Tip: Perhaps you think new policy should be created. Or maybe you think that existing policy should be modified or eliminated. It could be that you can use policy to persuade someone to change a situation. Or perhaps you are trying to impact the way a policy is enforced.

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Connecting your CAP Issue to Policy

Follow Mikey, an animated CAP student, as he tries to connect problems to policy. Be amazed as Mikey discovers five ways to link ordinary community problems and public policy!

Response:

My problem can be connected to policy by an already existing policy, No Child Left Behind. Being able to change a policy like that would take plenty work but the health of future generations is well worth it. I could also create a new policy pertaining to reestablishing higher standards for school districts all over the country for Physical Education programs. Also I could reconfigure the requirements for high schools

P.E. credits, and give more time for physical activity to elementary and middle school children.

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4 Why do you want to work on this? Why do you think it is important?

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Tip: Provide evidence that will convince your teacher and others that your issue is important. Describe it and add pictures, articles, or other evidence to make your case.

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Response: I am wanting to work on this issue because it's so important to do your best to stay healthy, and I think its something people should try to work harder at.We need to work together as a nation for not only ourselves, but for our kids to be healthy. Its also important for every person in a community to be a positive example of health to show others. Having the proper education is necessary and no child should have physical activity taken away from them because its cuts from schools.

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5 What are the first few things you would do?

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TIP: Show that you are giving this a lot of thought. At this stage, you might think about learning more about your issue. Be specific: Research, find out..., call..., look up... talk to... e-mail....

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Response: The first thing that I have already started doing for my CAP project is the interviews. I have decided to go and interview some of the Physical Education teachers at my high school. If necessary I will talk to different teachers at different levels of schooling. After that I hope to eventually get a letter to be read by a politician who can help me, help the future generations. I could also speak to local Community Centers to see what they can offer to the community when trying to keep the younger generation healthy.

[Grade or Make Comments](#)